



THE NOAH ACADEMY

TRAINING AND EMPLOYMENT

Sew Confident

A beginners ESOL course for those starting out with sewing, this all-female course will help you practice your spoken English in a fun and creative setting

By the end of the course, you'll be able to -

- Discuss a new topic in English each week
- Talk openly about the importance of wellbeing
- Create a range of hand-sewn crafts
- Design and create machine-sewn craft items

Luton
Adult Learning



European Union
European Social Fund
Investing in jobs and skills



Education & Skills
Funding Agency

This course is **FREE** and funded through Luton Adult Learning the Education & Skills Funding Agency and the European Social Fund



The course will run on
Fridays from 9:30 - 12:30 for 5 weeks.

Start Dates:

Friday 7th August

Friday 11th September

Who is this for?

This course is designed for WOMEN ONLY who would like to learn how about basic gardening and make the most of their time in the community to grow plants

Please contact us you wish to book a place for yourself or a friend.

✉ academy@noahenterprise.org

☎ 01582 726152

NOAH Academy, 20-22 High Town Road, Luton LU2 0DD.
Charity Registration Number 1059672

Course information updated 18/06/2020