



THE NOAH ACADEMY

TRAINING AND EMPLOYMENT

Creative Confidence Online

Discover your creative side at home with our 6 session arts and crafts course as well as it's benefits for wellbeing whilst socialising and connecting with new people online

By the end of the course, you'll be able to -

- Demonstrate new arts and crafts techniques
- Connect with others online during isolation
- Explore the benefits of using arts and crafts for positive wellbeing
- Contribute towards a community project using your new found arts and crafts skills



Central Bedfordshire Council
and Bedford Borough Council
working together



Apprenticeship



Education & Skills
Funding Agency



This course is **FREE** and funded through Bedford Borough Council, Central Bedfordshire Council, the Education & Skills Funding Agency and the European Social Fund.



The course will run on
Tuesdays and Thursdays from **10:00 - 13:00** for
3 weeks.

Start Dates:

Tuesday 23rd June 2020

Tuesday 14th July 2020

Who is this for?

This course is designed for anyone who would like to learn basic arts and crafts techniques and connect with new people online

Please contact us if you wish to book a place for yourself or a friend.

✉ academy@noahenterprise.org

☎ **01234 581108**

NOAH Academy, 20-22 High Town Road, Luton LU2 0DD.

Charity Registration Number 1059672

Course information updated 16/06/2020