

Central
Bedfordshire

Café Connect



Join us for

Tea and Cake

A get together for the Houghton Regis community

Wednesdays

1pm - 4pm

Jewels Café, 6 Bedford Square, Houghton Regis, LU5 5ES

academy@noahenterprise.org 01582 726152

‘Connect’ groups support local people to share their skills, experiences and their lives together. We believe that by coming together we can grow strong and vibrant communities.

By working together and supporting each other, we can live happier, healthier and more fulfilling lives.

This project is delivered by NOAH Enterprise and Community Action Bedfordshire, working with Central Bedfordshire Council Employment and Skills Service and Public Health.



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